



FAMILY DENTISTRY

CARE GUIDE FOR TISSUE CONDITIONING

- ▶ Do not remove your denture from your mouth for the first 24 hours. This is very important! The liner material will stay soft for 24 hours and needs this time to shape itself to your gum tissue.
- ▶ For the first 24 hours avoid extremely hot food or drink. The hot temperature could distort the liner material. A soft diet is also recommended.
- ▶ Do not use any commercial cleaners that are made for dentures. No chemicals. To clean the liner use cotton balls to swab the liner. Use warm or cool water and a soft bristle toothbrush or denture brush on the teeth and outer dentures.
- ▶ Do not use denture adhesive with liner. Using adhesive will make it difficult for us to determine your denture's liner needs.
- ▶ Please do not allow lining to dry out. Keep your denture in cool water while it is out of your mouth.
- ▶ This liner will be replaced as needed until your gum tissue is healed and/or we know that you have full retention with your denture.
- ▶ It is recommended that you do not smoke or drink alcohol while wearing the liner.